



Newsletter, June 2015

In May, the Commhouse joined in Neighbourhood House week celebrations. We hosted a morning tea on Tuesday 12th and an afternoon tea on Friday 15th May. Thanks to all who attended these events and helped to make them successful. These functions were our way of thanking our volunteers for the valuable work that they do at the Commhouse as without their assistance and support we would not be able to contribute to the community as we do.

On Tuesday 18th May, a group of our members headed to Warragul on the train – our MYKI outing. This was most valuable to our members, many of who were uncertain as to how and where to purchase a MYKI card, and how to use one. Participants practiced touching on and off and learnt how to load their card and to check the card balance. They shared a lovely lunch in Warragul before returning on the train.

Our Dementia talk on June 1st was exceptionally well supported with 15 people (including our staff and our presenter). Narelle has extensive experience with all aspects of dementia and in her role at DBMAS specialises in determining strategies for people living with dementia and their carers. Narelle shared some of her experiences and insights into living with dementia and encouraged people to share their own experiences. There are a handful of brochures available at the Commhouse. If you are concerned for yourself or a loved one, speak to your GP or call the NATIONAL DEMENTIA HELPLINE: 1800 100 500.

The following links may also provide useful information.

Alzheimer's Australia:

isitdementia.com.au

fightdementia.org.au

enablingenvironments.com.au

Independent Living Centre:

ilcaustralia.org.au

Tuesday 2nd June saw our intrepid trekkers head to Melbourne by train to visit Births, Deaths and Marriages, which they followed by a dose of retail therapy at Spencer Outlet Centre. All who attended had a wonderful time despite the winter chill.

Upcoming Events and programs

iPad for Beginners

Do you have an iPad? Do you need help to get the most out of your device?

Expressions of interest for classes to be held on Fridays from 10am-12noon

Class Fee: \$48.00 Payment must be received prior to starting.

Class notes: \$8.00

When: June 12th, 19th & 26, July 17th, 24th & 31st (6 days)

Bookings are essential as places are strictly limited. Contact Davina on 5629 5877 to register your interest. **(Commhouse is not open and no classes during school holidays June 29th —July 10th)**

Expressions of interest welcome for our next group.

Community Winter Party

When: July 18th from 10am til 1pm

Where: The Bunyip Hall will host our Community Winter Party

Featuring: Performances by Butterfly Dance, Community Playtime and Community House will introduce Pinky Boo the safety education bear.

Cost: An entry cost of \$2.00 will apply

** BBQ, drinks and fairy bread will be available for purchase. All welcome.

PowerPoint for Beginners – Create a family tree presentation

Expressions of interest are being sought for classes to be held on Tuesdays from 10am - 12noon. Bookings are essential - contact Davina on 5629 5877. You will need to bring your family tree information and family photos on a memory stick.

Class Fee: \$20.00 plus \$2.00 for printing & notes. Payment must be received prior to starting

When: July 21st, 28th and August 4th, 11th (4 days).

If you have an idea for an activity, please let us know.

Are you aware that we provide a range of services to the community including photography, laminating, help with resumes, job search, local information, free public internet access, and the opportunity to meet your neighbours over coffee?

For information on any of our programs or services, please contact the Bunyip Community House as above, check our website www.bunyipcommhouse.com.au , like us on Facebook, or drop in for a chat with our co-ordinator Davina.